

# PACKING LIST

Whether you're traveling for five days or five weeks, here's what you'll need to bring. Remember to pack light to enjoy the sweet freedom of true mobility. Happy travels!

- 5 shirts: long- and short-sleeve
- 1 sweater or lightweight fleece
- 2 pairs pants + 1-2 skirts
- 1 pair of shorts
- 5 pairs of underwear and socks
- 1-2 pairs of shoes
- 1 rainproof jacket with hood
- Tie or scarf
- Sleepwear
- Swimsuit
- Money belt
- Money—your mix of:
  - Debit card (for ATM withdrawals)
  - Credit card(s)
  - Hard cash (in \$20 bills)
- Documents plus photocopies:
  - Passport
  - Printout of airline eticket
  - Driver's license
  - Student ID, hostel card, etc.
  - Railpass/train reservations/  
car-rental voucher
  - Hotel-reservation confirmations
  - Insurance details
- Guidebooks and maps
- Address list for postcards
- Notepad and pen
- Journal
- Daypack
- Electronics—your choice of:
  - Camera (and related gear)
  - Mobile phone
  - Portable media player (smartphone, iPod, or other)
  - Laptop/netbook/tablet
  - Ebook reader
  - Ear buds or noise-reduction headphones
  - Chargers for each of the above
  - Plug adapters
- Alarm clock (if not part of phone or watch)
- Earplugs/neck pillow
- Toiletries kit
  - Toiletries (soap, shampoo, toothbrush, toothpaste, floss, deodorant, sunscreen)
  - Medicines and vitamins
  - First-aid kit
  - Hand sanitizer
  - Glasses/contacts/sunglasses (with prescriptions)
- Sealable plastic baggies
- Laundry soap
- Clothesline
- Small towel/washcloth

*If you plan to carry on your luggage, note that all liquids must be in three-ounce or smaller containers and fit within a single quart-size baggie. For details, see [www.tsa.gov/travelers](http://www.tsa.gov/travelers).*